Dear Parents of Prospective Players:

I hope you having a wonderful and relaxing summer. As we are preparing for another volleyball season and school year, I would like to take this opportunity to remind you of a few things before our 2012 season begins.

   
a. Make sure your athlete has had a physical prior to the season beginning (valid physical May 2012 to present) and has the following paperwork signed prior to August 13, 2012:
   1. APS Physical Form
   2. APS Concussion Management Form
   3. APS Athletic and Activity Code Form
   4. APS Athletic Information Form
   
   NOTE:  a. You can find all of these forms on APS/athletics website under forms.
   b. Athletes cannot start practicing until they have all of forms, listed above, signed. The Coaching Staff will collect these forms the week of July 30th during open gym and 30 minutes prior to start time of the first tryout session, on August 13, 2012.
   
b. It is hard to evaluate an athlete’s skill level and abilities if they are not at tryouts. Team selections will occur on August 15th and 16th. Please be on time (15 minutes prior to the start time) and ready for tryouts on August 13th through the 15th. Bring water and dress appropriately (No tank tops or shorts shorter than a 4-inch inseam).

   c. Schedule for the First Week of Practice:
      1) Mon - Wed (Tryouts): 3:30pm – 6:30 pm (Team selection will be made Aug. 15th and 16th)
         Wed - Fri: 3:00 pm – 5:30 pm
         Sat: 8:00 am – 10:30 am
      
      2) The season’s practice and game schedule will be handed out on August 13. Please adjust your schedules to accommodate Saturday morning practices.

   2. A parent meeting is scheduled for August 13 at 7pm. The meeting will be held in the Main Gym at Del Norte HS. This is an opportunity for the coaches to get to know you and to talk about the season’s expectations.

I am looking forward to the season ahead of us and look forward to seeing you on August 13. If you have any questions please call me at (510) 316-4126.

Sincerely,

Amanda Velasquez
# DEL NORTE HIGH SCHOOL VOLLEYBALL
## 2012 SUMMER OPEN GYM SCHEDULE
### FOR INCOMING FRESHMEN, SOPHMORES, JUNIORS AND SENIORS

<table>
<thead>
<tr>
<th>WEEK</th>
<th>TIME</th>
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<tbody>
<tr>
<td></td>
<td>Start</td>
<td>End</td>
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<tr>
<td>May 29-31</td>
<td>3:30 PM</td>
<td>5:30 PM</td>
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<tr>
<td>June 5-7</td>
<td>3:30 PM</td>
<td>5:30 PM</td>
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<tr>
<td>June 11-14</td>
<td>4:00 PM</td>
<td>7:30 PM</td>
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<tr>
<td>June 18-21</td>
<td>3:30 PM</td>
<td>5:30 PM</td>
</tr>
<tr>
<td>June 25-28</td>
<td>4:00 PM</td>
<td>6:30 PM</td>
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<tr>
<td>July 9-12</td>
<td>3:30 PM</td>
<td>5:30 PM</td>
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<tr>
<td>July 16-19</td>
<td>3:30 AM</td>
<td>5:30 PM</td>
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<tr>
<td>July 23-26</td>
<td>3:30 PM</td>
<td>5:30 PM</td>
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<tr>
<td>July 30-Aug 2</td>
<td>3:30 PM</td>
<td>5:30 PM</td>
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Returning Player VB Camp

VB Camp (Grades 9th-5th)

### NOTE:
Please, keep in mind that the open gym sessions are for your benefit and the overall program. Our goal is to become a successful program and to achieve this goal we need dedicated athletes who want to improve.

1. If you are unable to make a session(s) please send me a text, (510)316-4126, so that I know that you are interested in playing next year.

2. The summer open gym sessions are used by the coaching staff to evaluate players, so it is imperative for athletes that want to participate in the 2012 Volleyball season to attend.

3. We understand that families may take vacations during the summer. If your family is planning a vacation please let the coaching staff know ahead of time, so that we know what week you will be absent.

4. There may be changes to this schedule due to unforeseen circumstances (i.e. APS scheduling gym floor refurbishing). We will let you know if there are any changes in advanced.
Del Norte High School
2012 Summer Volleyball Camp

DATES AND TIME:
June 25-28
Group 1: 9-8th grade 4:00pm to 6:30pm
Group 2: 7-5th grade 4:00pm to 6:30pm

PLACE:
The 2012 Volleyball Camp will take place at Del Norte High School's Main Gym.

COST (Please mark which Group):

☐ 13th and 14th Group 1: 9th-8th grade $45.00 per athlete
☐ Group 2: 7-5th grade $45.00 per athlete

Each participant will receive a T-shirt.

**Make checks payable to: Del Norte HS Volleyball **

WHAT TO WEAR:
Participants should T-shirt (no tank tops), shorts, kneepads, and court shoes that will not mark the floor.

COACHING STAFF:
Del Norte High School Coaches and Players

EXPECTATIONS:
All participants are expected to arrive 10 minutes before the start time; display a positive and cooperative attitude; and to treat fellow athletes and coaches with the up most respect.

REGISTRATION:
Please mail registration and check to:
Del Norte HS Volleyball, Attn: Amanda Velasquez
5323 Montgomery Blvd NE
Albuquerque NM 87109

Registration will be accepted through mail June 20, 2011. Any questions, please call coach Velasquez at (510) 316-4126.

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Cut and Mail with Check:++++++++++++++++++++++++++++++++++++++++++++++++

2011 DEL NORTE HS VOLLEYBALL CAMP REGISTRATION FORM

Name: ________________________________

Address: ________________________________ zip ____________

Phone: ______________ Emergency Contact:__________________ Insurance:____________________

Please circle the appropriate 2012-13 School Year Grade/T-shirt size:

Grade: 9th 8th 7th 6th 5th

T-shirt size (adult): XL, L, M, S, XS (youth) L, M

I hereby accept full responsibility for the cost of treatment and all injuries, which my child may suffer while taking part in Del Norte High School's volleyball camp. I also give the coaching staff permission to seek medical attention for my child should it be necessary. In and for consideration of my daughter's participation in the volleyball clinic, I hereby agree and promise that I will not hold Amanda Velasquez nor the coaching staff responsible for any loss, damage, or personal injuries that she may receive as a result of participation.

Waiver ____________________________________
(Parent/Guardian Signature)

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